

Face Mask + Hygiene Tips



Wearing your mask



- Do cover your nose, mouth, and chin
- Do wear your mask when you are near other people
- Do wear your mask when you are on a bus, the metro, or in a store
- Don't touch the front of the mask or your face before washing your hands

Washing your mask

- Wash your mask with **warm water and soap** at the end of each use
- **Air dry** your mask after wash
- Wash your mask **at least once a day**
- **Where to wash:** where you wash your clothes or get cooking water is best. If not these are not available, flip this page for hand washing stations.



Staying healthy

- Do wash your hands frequently for 20 seconds at a time, especially after using the bathroom and before eating food – flip this page for a **list of places to wash your hands** –
- Do use **hand sanitizer** if you are unable to wash your hands
- Do stay **6 feet away** from other people whenever possible
- Don't touch your face unless you have washed/sanitized your hands first



If you are sick

- The **main symptoms of coronavirus** are a dry cough and difficulty breathing. Fever, headache, chills, sore throat, muscle pain, and loss of taste or smell are also symptoms.
- If you feel sick, call Alameda County Health Care for the Homeless: **(510) 891-8950**
- If you are having trouble breathing, call **911**

Oakland handwashing stations



West Oakland

Wood St. between 26th Street and 24th Street

28th St. and Ettie

1350 16th St. (@ Kirkham Street)

2300 Brush St. (Collins Plaza)

2200 block of Union St.

Martin Luther King Way between Grand Ave. and 25th St.

Kirkham between 5th and 7th St.

412 Filbert St

Temescal / Mosswood

3598 Martin Luther King Jr. Way at 36th Street

3425 Telegraph between 34th and 35th underpass

Santa Clara and MacArthur/Harrison (closer to Piedmont neighborhood)

45th St. between MLK and Telegraph

Elm Street & 34th Street

Downtown Oakland / Lake Merritt

5th Street & Broadway

6th Street & Alice Street

Athol Plaza Tennis Court

E 12th St. and Lake Merritt Blvd. (2nd Ave.)

Frank H. Ogawa Plaza

Harrison and Grand (VA Building along Harrison/Grand corner)

1310 Oak St. (Fire Alarm Building/Lake Merritt)

Peralta Park (10th St./12th St.)

East Oakland / Fruitvale

14th Ave. and MacArthur

2199 E. 12th St.

4401 Tidewater Ave

4344 Jensen St

46th Avenue & East 12th Street

1066 47th Ave. / 48th Avenue & East 12th Street

E. 12th Median @ 17th Ave.

Dennison and King (around the corner from Union Point Park)

Alameda Ave between Fruitvale and E. 8th Street: three clusters

48th Avenue & East 12th Street

1429 Bancroft Way between International and Bancroft Ave.

Central East Oakland / San Leandro

77th Ave. dead-end near Hawley

83rd and Hillside behind Castlemont

Russet Street & Moorpark Street

692 Baldwin St

Hegenberger Loop RV

Note: units are serviced 3-4 times per week, so you may arrive at a unit that is not currently functional.